**Testing Requirements**

**Silver Star – Names and meanings of Taeguek Forms**

$5 fee for this test

**If you think you are ready to test, Please see Mr. Bain before or after class for pre-testing.**

Testing Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Instructor’s signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student should be able to recite the names and meanings of all colour belt patterns in a loud, clear voice.

Taegeuk Il Jang - **Meaning:** Birth and Beginning; Symbolizes the root of all things

Taegeuk Ee Jang - **Meaning:** Pond; Symbolizes being soft on the outside, yet strong on the inside

Taegeuk Sam Jang - **Meaning:** Fire and Sun; Symbolizes heat, brightness and energy

Taegeuk Sa Jang - **Meaning:** Thunder; Symbolizes great strength and majesty

Taegeuk Oh Jang - **Meaning:** Wind; Symbolizes calm and authority

Taegeuk Yuk Jang – **Meaning:** Water; Symbolizes endless flow and flexibility

Taegeuk Chil Jang – **Meaning:** Mountain; Symbolizes mass and firmness

Taeguek Pal Jang – **Meaning:** Land; Symbolizes a source of growth, creation and destruction

Koryo – **Meaning:** The Spirit of Seonbi; Symbolizes a virtuous and learned person

**“Perfect Practice Makes Perfect”**