**Application For Promotion**

**Testing Requirements**

**Blue Stripe** (5th Gup)

Taeguek Sa Chong -- Pattern Four -- **Thunder**

**$50 testing fee** must be attached to this form and submitted prior to

testing date! **(all fees must be up to date in order to test!)**

Testing Date: \_\_\_\_\_\_\_\_\_\_

Student name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Instructor’s signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

All students should know the meaning of their patterns!!

See Assignment on next page.

**Assignment:**

 Write an essay / do a poster board on one of the following. Include what it means to you and how it applies to your life. Choose a topic that you have not previously chosen.

 **Padawans and Dragon Warriors** (5-11 years old) make a posterboard. (See Miss Natasha for examples)

 **\*Adult / Teens** (12+) write a 500+ word **hand written** essay

 - Courtesy

- Integrity

 - Perseverance

 - Self Control

 - Indomitable Spirit

- Self Confidence

 - Dissolving Ego

 - Leadership

**Poom’se:**

Taegeuk Il Chong – **Meaning: Heaven and Light**

Taegeuk Ee Chong – **Meaning: Joy**

Taegeuk Som Chong – **Meaning: Fire and Sun**

Taegeuk Sa Chong – **Meaning: Thunder**

-Able to demonstrate proficiency

-Know the name and purpose of each movement

-Know the Basic Fundamentals

-Know Advanced Fundamentals

-Know 7 ways to apply a kick